

Address:
 Arapaho Gardens
 1121 Rockingham Dr.
 Richardson TX 75080
 972-379-9904



**PLAN @
 1121 ROCK**
 People Living Active Now

August Birthdays:
 Mauriso M - 8/5, Helen F. - 8/8,
 Ross R - 8/11, Liz O - 8/11, Vicki C -
 8/13, Michelle C - 8/13, , Travis A -
 8/21, Jade M- 8/28, Shelia C - 8/28,
 Scott E - 8/28

~ August 2024 ~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SOME PEOPLE want IT to HAPPEN. Some WISH it would HAPPEN. Others MAKE things HAPPEN! LET'S MAKE IT HAPPEN.				1 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p Afternoon Unit Mtgs 1:30p Sunshine & Shadows 2p	2 Morning Mtg 10a Events Comm 11a Lunch 12:30p Close @ 2:00p	3
4 PLAN @ 1121 ROCK friends & family OPEN HOUSE 3p - 6p	5 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p	6 Morning Mtg 10a Lunch 12:30p HOUSE MEETING 1p Afternoon Meeting 1:45p Career & Dev Comm. 2p	7 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Newsletter Comm. 2p Tea Time 3p	8 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p Afternoon Unit Mtgs 1:30p Advocacy Comm. 2p	9 Morning Mtg 10a Gardening Comm 11a Lunch 12:30p Close @ 2:00p	10
11	12 CLUBHOUSE CLOSED	13 Morning Mtg 10a Lunch 12:30p HOUSE MEETING 1p Afternoon Meeting 1:45p Career & Dev Comm. 2p	14 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Janssen Neuroscience 2p Tea Time 3p	15 Morning Mtg 10a Educational Field Trip Lunch 12:30p Afternoon Unit Mtgs 1:30p Sunshine & Shadows 2p	16 Morning Mtg 10a Hoops & Pickleball @ JFS Events Comm. 11a Lunch 12:30p Close @ 2:00p	17
18	19 Morning Mtg Lunch 12:30p Afternoon Unit Mtgs 1:30p Culinary/Snack Shack Monthly Meeting	20 Morning Mtg 10a Lunch 12:30p HOUSE MEETING 1p Afternoon Meeting 1:45p Career & Dev Comm. 2p	21 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Kim's Cooking Class Tea Time 3p	22 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p Afternoon Unit Mtgs 1:30p Advocacy Comm. 2p	23 Morning Mtg 10a Newsletter Comm 11a Lunch 12:30p Close @ 2:00p	24 Coffee House Jam Wiley Western - 5p
25	26 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p	27 Morning Mtg 10a Birthday Bash - 12:30p HOUSE MEETING 1p Afternoon Meeting 1:45p Career & Dev Comm. 2p	28 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p New Member Comm. 2p Tea Time 3p	29 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p ARMCHAIR TRAVELER: Barcelona, Spain 4p - \$3/person	30 Morning Mtg 10a Events Comm. 11a Lunch 12:30p Close @ 2:00p	31 Supper Club - 5p Matito's 7778 Forest Lane

Special Events

8/4-- Family and Friends Open House @ 3pm-6pm
 8/14--Janssen Neroscience Presentation
 8/21--Kim's Cooking Classs @2pm
 8/23--Hoops & Picleball @ JFS



Hours:
Monday-Thursday 9am -4pm
Friday 9am-2pm



8/24 -- Coffee House Jam: Wiley Western Rodeo @5pm
 8/27-- Birthday Bash (August Birthdays-Free Lunch)
 8/29-- Armchair Traveler: Barcelona, Spain @4pm
 8/31--Supper Club @5pm: Matito's 7778 Forest Lane