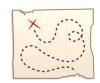
Address: Arapaho Gardens 1121 Rockingham Dr. Richardson TX 75080 972-379-9904







"The beginning is always today."
- Mary Wollstonecraft

January Birthdays: Katie S. 1/1, Ethan C. 1/2, Robin K. 1/2, Cris V. 1/2, Chris H. 1/9, Kim M. 1/14, Margaret N. 1/21

~ January 2024 ~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*** KEEP MOVING FORWARD	New Year Clubhouse Closed	Morning Mtg 10a Lunch 12:30p HOUSE CALL 1p* Afternoon Meeting 1:45p	3 Morning Mtg 10a Train Theme at 1121 Lunch 12:30p Afternoon Unit Mtgs 1:30p Janssen Neuroscience 2p	4 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p Afternoon Unit Mtgs 1:30p Food Pantry Sunshine & Shadows 2p	5 Morning Mtg 10a Meal Planning 10:15a Lunch 12:30p Afternoon Unit Mtgs 1:30p Gardening Comm. 2p	6
7	8 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p	9 Morning Mtg 10a Lunch 12:30p HOUSE CALL 1p* Afternoon Meeting 1:45p	10 Morning Mtg 10a Member Spotlight Meal: Nadine X. Chili and Cornbread New Member Comm. 2p	11 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p Afternoon Unit Mtgs 1:30p Advocacy Comm. 2p Movie and A Meal - 4:30p	Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Events Comm. 2p	13
14	MLK DAY Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p VOLUNTEER DAY	16 Morning Mtg 10a Lunch 12:30p HOUSE CALL 1p* Afternoon Meeting 1:45p	17 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Newsletter Comm. 2p	18 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p Afternoon Unit Mtgs 1:30p Food Pantry Sunshine & Shadows 2p	Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Gardening Comm. 2p	Coffee House Jam: The Nifty Fifties - 5p
21	22 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p	23 Morning Mtg 10a Lunch 12:30p HOUSE CALL 1p* Afternoon Meeting 1:45p	Planning Day 2024 Lunch Provided	25 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p YOUR VOICE Beraki Afternoon Unit Mtgs 1:30p Advocacy Comm. 2p	26 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Events Comm. 2p	Supper Club: El Fenix 5p 810 N. Central Expy
28	29 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p	Morning Mtg 10a Birthday Bash (12:30p) HOUSE CALL 1p* Afternoon Unit Mtgs 1:45p	31 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Newsletter Comm. 2p	Start where you use what you had o what you callArthur Ashe	ave, n."	

Key Special Events and Dates in January
-New Year's Day - 1/1 (Clubhouse Closed)
-Train Day at 1121- 1/3

-Irain Day at 1121- 1/3
-Janssen Neuroscience Presentation - 1/3 @ 2p
-Movie and a Meal: Life of Pi - 1/11 @ 4:30p
-Coffee House Jam: The Nifty Fifties - 1/20 @ 5p

-Planning Day 2024 - 1/24 (lunch provided) -Supper Club @ El Fenix - 1/27 @ 5p -Birthday Bash - 1/30 @ 12:30p *PLAN @ 1121 ROCK Conference Call Access 214-380-0303 code 1234