





Address:
 Arapaho Gardens
 1121 Rockingham Dr.
 Richardson TX 75080
 972-379-9904



People Living Active Now

February Birthdays: Sneha D. 2/7, DeVonte D. 2/11, Todd D. 2/15, Jason S. 2/17, Stephen E. 2/18, Roberto C. 2/20, Sara G. 2/20, Thien N. 2/22, Michael D. 2/25, Teri H. 2/26

~ February 2024 ~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"I knew when I met you an adventure was going to happen." - Winnie the Pooh</p> <p>"Friendship isn't a big thing - it's a million little things." - Paulo Coelho</p> <p>"In this mixed up and upside-down world, it is nice to have a friend to help you see straight." - Robin K.</p>				<p>1 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p Afternoon Unit Mtgs 1:30p Food Pantry Sunshine & Shadows 2p</p>	<p>2 Groundhog Day Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Gardening Comm. 2p</p>	<p>3 </p>
<p>4</p>	<p>5 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p</p>	<p>6 Morning Mtg 10a Lunch 12:30p HOUSE CALL 1p* Afternoon Meeting 1:45p</p>	<p>7 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Janssen Neuroscience 2p</p>	<p>8 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p Afternoon Unit Mtgs 1:30p Advocacy Comm. 2p Bingo Night 4:30p</p>	<p>9 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Events Comm. 2p</p>	<p>10 Lunar New Year: Year of the Dragon! </p>
<p>11 Superbowl Sunday </p>	<p>12 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p</p>	<p>13 Mardi Gras Morning Mtg 10a Lunch 12:30p HOUSE CALL 1p* Afternoon Meeting 1:45p </p>	<p>14 Valentine's Day Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Newsletter Comm. 2p </p>	<p>15 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p Afternoon Unit Mtgs 1:30p Food Pantry Sunshine & Shadows 2p</p>	<p>16 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Gardening Comm. 2p</p>	<p>17  Coffee House Jam: Friendsaversary - 5p</p>
<p>18</p>	<p>19 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Culinary/Snack Shack Monthly Meeting</p>	<p>20 Morning Mtg 10a Lunch 12:30p HOUSE CALL 1p* Afternoon Meeting 1:45p</p>	<p>21 Morning Mtg 10a Fretz Library Field Trip Lunch 12:30p Afternoon Unit Mtgs 1:30p New Member Comm. 2p</p>	<p>22 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p Afternoon Unit Mtgs 1:30p Your Voice - Robin Advocacy Comm. 2p</p>	<p>23 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Events Comm. 2p</p>	<p>24  Supper Club: Cafe Amore 5p</p>
<p>25</p>	<p>26 Morning Mtg 10a Member Spotlight Meal: Ann G. - tacos 12:30p Afternoon Unit Mtgs 1:30p Newsletter Comm. 2p</p>	<p>27  Morning Mtg 10a Birthday Bash (12:30p) HOUSE CALL 1p* Afternoon Unit Mtgs 1:45p</p>	<p>28 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Employment Action Plan</p>	<p>29 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p Afternoon Unit Mtgs 1:30p LEAP DAY Sunshine & Shadows 2p</p>	<p> "No friendship is an accident." - O' Henry</p>	

***PLAN @ 1121 ROCK**
Conference Call Access
214-380-0303 code 1234