

Address:
 Arapaho Gardens
 1121 Rockingham Dr.
 Richardson TX 75080
 972-379-9904



January Birthdays: Katie S. 1/1, Robin K. 1/2, Ethan C. 1/2 & Christopher H. 1/9

PLAN @ 1121 ROCK

People Living Active Now

Blasting off to new horizons...



~ January 2023 ~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  New Years' Lunch @ Rosa's 12p	2 Clubhouse Closed	3 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p HOUSE CALL 1:15p* Afternoon Meeting 2p CH Int. Articles	4 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Wellness Activity 1:15p Afternoon Meeting 1:45p A/V Comm. 2:30	5 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Afternoon Meeting 1:45p Newsletter Comm. 2:30 BINGO 4:30p	6 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Wellness Activity 1:15p Afternoon Meeting 1:45p Gardening Comm. 2:30	7 
8 	9 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Wellness Activity 1:15p Afternoon Meeting 1:45p AV	10 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p HOUSE CALL 1:15p* Afternoon Meeting 2p CH Int. Articles	11 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Wellness Activity 1:15p Afternoon Meeting 1:45p Advocacy Comm. 2:30	12 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Wellness Activity 1:15p Afternoon Meeting 1:45p New Member Comm. 2:30	13 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Wellness Activity 1:15p Afternoon Meeting 1:45p Events Comm. 2:30	14 
15 	16 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Wellness Activity 1:15p Afternoon Meeting 1:45p AV	17 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p HOUSE CALL 1:15p* Afternoon Meeting 2p CH Int. Articles	18 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Wellness Activity 1:15p Afternoon Meeting 1:45p SMARTPHONE PRESO - 2:30	19 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Clubhouse TX Cruise Afternoon Meeting 1:45p Newsletter Comm. 2:30	20 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Clubhouse TX Cruise Afternoon Meeting 1:45p Gardening Comm. 2:30	21 Supper Club: <i>Olive Garden - 5p</i> 9079 Vantage Pt Dr.
22	23 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Clubhouse TX Cruise Afternoon Meeting 1:45p AV	24 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p HOUSE CALL 1:15p* Afternoon Meeting 2p CH Int. Articles	25 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Wellness Activity 1:15p Afternoon Meeting 1:45p Advocacy Comm. 2:30	26 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Wellness Activity 1:15p Afternoon Meeting 1:45p New Member Comm. 2:30	27 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Wellness Activity 1:15p Afternoon Meeting 1:45p Events Comm. 2:30	28  Coffee House Jam <i>5-7p</i>
29 	30 Morning Mtg 10a Accreditation Mtg 11a Lunch 12:30p Wellness Activity 1:15p Afternoon Meeting 1:45p AV	31 Morning Mtg 10a Accreditation Mtg 11a BIRTHDAY BASH 12:30p HOUSE CALL 1:15p* Afternoon Meeting 2p CH Int. Articles	<p>“Keep moving ahead because action creates momentum, which in turn creates unanticipated opportunities.” – Nick Vujicic</p>			



BINGO
 Thursday, 1/5
 @ 4:30p

***PLAN @ 1121 ROCK**
Conference Call Access
214-380-0303 code 1234



In January,
 the 4TH Saturday,
 the 28th
 @ 5p