

Address:
 Arapaho Gardens
 1121 Rockingham Dr.
 Richardson TX 75080
 972-379-9904

PLAN @ 1121 ROCK

People Living Active Now



January Birthday's - Robin K., Ethan C., Kevin M., Chris H., Ryan H.

JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RESILIENT & READY BRAND NEW IN '22						1
2	3 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm Warm Line 7p-9p	4 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm	5 Wake Up Call 10a PLAN HOUSE Call 1:15p Activity Call 3pm	6 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm	7 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm Warm Line 7p-9p	8
9	10 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm Warm Line 7p-9p	11 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm	12 Wake Up Call 10a PLAN HOUSE Call 1:15p Activity Call 3pm	13 Wake Up Call 10a Share Hope Rally 10a The Daily Call 1:15p Activity Call 3pm	14 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm Warm Line 7p-9p	15
16	17 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm Warm Line 7p-9p	18 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm	19 Wake Up Call 10a PLAN HOUSE Call 1:15p Activity Call 3pm	20 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm	21 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm Warm Line 7p-9p	22
23	24 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm Warm Line 7p-9p	25 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm	26 Wake Up Call 10a PLAN HOUSE Call 1:15p Activity Call 3pm	27 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm	28 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm Warm Line 7p-9p	29
30	31 Wake Up Call 10a The Daily Call 1:15p Activity Call 3pm Warm Line 7p-9p	<p>PLAN @ 1121 ROCK Conference Call Access 214-380-0303 code 1234</p> <p>We're virtual until further notice. For In-Person Activity Updates: Starting 1/10 - Call 972-379-9904 or www.planntx.org</p>				

