

Address:
 Arapaho Gardens
 1121 Rockingham Dr.
 Richardson TX 75080
 972-379-9904



PLAN @ 1121 ROCK

People Living Active Now



April Birthdays: Lauren C. 4/1, Landon R. 4/1, Emily S. 4/1, Jonathan R. 4/6, Darren M. 4/6, Kevin P. 4/9,
 Ann G. 4/15, Melody T. 4/17, Ricky A. 4/18, Tania R. 4/18, Paul K. 4/19, Mark S. 4/20, Vivian S. 4/28, Beth B. 4/29

| ~ April 2024 ~ | | | | | | |
|---|---|---|--|--|--|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | 1 April Fool's Day Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Whodunnit Rehearsal | 2 Morning Mtg 10a Lunch 12:30p HOUSE MEETING 1p Afternoon Meeting 1:45p Employment Comm. 2:30p | 3 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Janssen Neuroscience 2p Newsletter Comm. 3p | 4 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p Afternoon Unit Mtgs 1:30p Sunshine & Shadows 2p | 5 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Events Comm. 2p | |
| 7 | 8 Morning Mtg 10a Lunch 12:30pm <i>at the garden for the</i> 2024 Solar Eclipse | 9 Morning Mtg 10a Lunch 12:30p HOUSE MEETING 1p Afternoon Meeting 1:45p Employment Comm. 2:30p | 10 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p New Member Comm. 2p | 11 Morning Mtg 10a Media Arts Comm. 11a Lunch 12:30p Afternoon Unit Mtgs 1:30p Advocacy Comm. 2p | 12 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Gardening Comm. 2p | 13 BIND Clubhouse Synapse Laps |
| 14 Recovery 101: ROCC Star Event 1pm | 15 Morning Mtg 10a Lunch 12:30p Your Voice: Ann G. Afternoon Unit Mtgs 1:30p Whodunnit Rehearsal | 16 Morning Mtg 10a Lunch 12:30p HOUSE MEETING 1p Afternoon Meeting 1:45p Employment Comm. 2:30p | 17 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Newsletter Comm. 2p | 18 Morning Mtg 10a Media Arts Comm. 11a Member Spotlight Meal: <i>Chris O. - Pizza</i> Afternoon Unit Mtgs 1:30p Sunshine & Shadows 2p | 19 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Visit to Brookhaven College Events Comm. 2p | 20 Coffee House Jam: Psychadelic Sixties - 5p |
| 21 | 22 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Culinary/Snack Shack Monthly Meeting Earth Day | 23 Start of Passover Morning Mtg 10a Lunch 12:30p HOUSE MEETING 1p Afternoon Meeting 1:45p Employment Comm. 2:30p | 24 Texas Coalition Summit 9am - 4pm Clubhouse Closed DoubleTree Hotel - 1981 N. Central Epwy (corner Campbell & 75) | | 25 9am - 12p Clubhouse Closed | 26 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Gardening Comm. 2p |
| 28 | 29 Morning Mtg 10a Lunch 12:30p Afternoon Unit Mtgs 1:30p Whodunnit Rehearsal | 30 Morning Mtg 10a Birthday Bash (12:30p) HOUSE MEETING 1p Afternoon Unit Mtgs 1:45p Employment Comm. 2:30p | <div style="text-align: center;"> April is derived from the Latin <i>aperit</i> which means "to open". Open up. Let the light in. Bloom. </div> | | | |

Special Events

- 4/8 - The Historic 2024 Solar Eclipse - Lunch in the Garden
- 4/11 - Movie and a Meal
- 4/13 - BIND Clubhouse: Synapse Laps
- 4/14 - Recovery 101: ROCC Star Event @ 1pm
- 4/15 - Your Voice: Ann G. @ 12:45pm

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Conference Call Access
214-380-0303 code 1234

- 4/18 - Member Spotlight Meal: Chris O. @ 12:30p
- 4/20 - Coffee House Jam: The Psychadelic Sixties @ 5p
- 4/22 - Culinary/Snack Shack Monthly Meeting
- 4/24-4/25 - TEXAS COALITION SUMMIT - W: 8a-4p; Th: 9a-12p
- 4/27 - Supper Club: Dickey's BBQ Pit @ 5p
- 4/30 - Birthday Bash @ 12:30p (April birthdays get a free lunch!)
- Whodunnit Rehearsals - 4/1, 4/15, 4/29