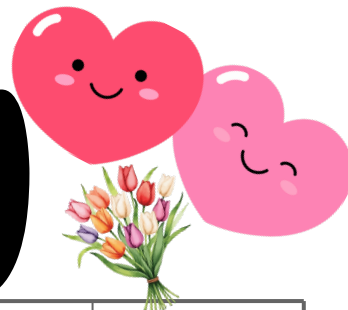




# 2026 February



| SUN | MON                                                                                                                                                                                                                                                 | TUE                                                                                                                                                                 | WED                                                                                        | THU                                                                                                                  | FRI                                                                                        | SAT                                                                                                                                                                |
|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1   | 2<br>AM Mtg 10a<br>Lunch 12:30p<br><u>Membership</u><br>Task Force 1p<br>PM Mtg 1:15p<br><br>C4W: Gratitude 1:30p<br>                                              | 3<br>AM Mtg 10a<br><u>Newsletter</u><br>11a<br>Lunch 12:30p<br>HOUSE MEETING 1P<br>PM Mtg 1:15p                                                                     | 4<br>AM Mtg 10a<br>Lunch 12:30p<br>PM Mtg 1:15p<br>Janssen Neuroscience 2p                 | 5<br>AM Mtg 10a<br>Lunch 12:30p<br>PM Mtg 1:15p<br><u>Sunshine &amp; Shadows</u> 2p                                  | 6<br>AM Mtg 10a<br>Hoops @ JFS 11a<br>Lunch 12:30p<br>PM Mtg 1:15p                         | 7                                                                                                                                                                  |
| 8   | 9<br>AM Mtg 10a<br>Lunch 12:30p<br>PM Mtg 1:15p<br><br>C4W: Courage 1:30p<br>                                                                                    | 10<br>AM Mtg 10a<br>Lunch 12:30p<br>HOUSE MEETING 1P<br>PM Mtg 1:15p                                                                                                | 11<br>AM Mtg 10a<br>Pin-Hunt: Northlake 10:30a<br>Lunch 12:30p<br>PM Mtg 1:15p             | 12<br>AM Mtg 10a<br><u>Moving Task Force</u> 11a<br>Lunch 12:30p<br>PM Mtg 1:15p<br>Employment Celebration Dinner 5p | 13<br>AM Mtg 10a<br>Lunch 12:30p<br>PM Mtg 1:15p                                           | 14<br>                                                                         |
| 15  | 16<br>AM Mtg 10a<br>Lunch 12:30p<br><u>Membership</u><br>Task Force 1p<br>PM Mtg 1:15p<br><br>C4W: Creativity 1:30p<br>                                          | 17<br>AM Mtg 10a<br>Birthday Bash 12:30p<br>HOUSE MEETING 1P<br>PM Mtg 1:15p<br> | 18<br>AM Mtg 10a<br>Lunch 12:30p<br>PM Mtg 1:15p                                           | 19<br>AM Mtg 10a<br>Lunch 12:30p<br>PM Mtg 1:15p                                                                     | 20<br>AM Mtg 10a<br>Hoops @ JFS 11a<br>Lunch 12:30p<br>PM Mtg 1:15p                        | 21<br><br>Friendsaversary Banquet 5p                                          |
| 22  | 23<br><b>MOVING WEEK: CALL IN DAILY @ 214-380-0303</b><br>Clubhouse Closed<br>10a Wake-up Call<br>1p Check-in Call<br>3p Afternoon Call:<br>C4W: Inspiration<br> | 24<br><b>Clubhouse Closed</b><br>10a Wake-up Call<br>1p Check-in Call<br>3p Afternoon Call                                                                          | 25<br><b>Clubhouse Closed</b><br>10a Wake-up Call<br>1p Check-in Call<br>3p Afternoon Call | 26<br><b>Clubhouse Closed</b><br>10a Wake-up Call<br>1p Check-in Call<br>3p Afternoon Call                           | 27<br><b>Clubhouse Closed</b><br>10a Wake-up Call<br>1p Check-in Call<br>3p Afternoon Call | 28<br>Supper Club 5p<br><br>2071<br>N Central Expy<br>Richardson, TX<br>75080 |

# FEBRUARY 2026

**PLAN @ 1121 ROCK**

Arapaho Gardens  
1121 Rockingham Dr.  
Richardson, TX 75080  
972-379-9904

**HAPPY BIRTHDAY**

**Sneha D. 2/7**

**Todd D. 2/15**

**Jason S. 2/17**

**James J. 2/19**

**Roberto C. 2/20**

**Thien N. 2/22**

**Michael D. 2/25**

**Teri H. 2/26**

## FEBRUARY MEETINGS

**Newsletter Committee**

Tuesday, 2/3 @ 11a

**Sunshine & Shadows Committee**

Thursday, 2/5 @ 2p

**Membership Task Force**

Monday, 2/2 & 2/16 @ 1p

**Moving Task Force**

Thursday, 2/12 @ 11a

## Moving Week

**Monday, Feb 23 - Friday, Feb 27**

The Clubhouse will be **closed** while we relocate to our new space!

Join us on the **Conference Call Line** each day:

**214-380-0303 - Pin Number: 1234**

**10a - Wake-up Call**

**1p - Check-in Call**

**3p - Afternoon Call**



## UPCOMING EVENTS

**Weekly House Meeting**

1pm - 2/3, 2/10, 2/17

Janssen Neuroscience - 2/5 @ 2p

Hoops @ JFS - 2/6, 2/20 @ 11a

Dallas College Pin-Hunt: Northlake - 2/11 @ 10:30a

Employment Celebration Dinner - 2/12 - 5:00-6:30p

Birthday Bash - 2/17 @ 12:30p

Friendsaversary Banquet - 2/21 @ 5p

Supper Club: Cafe Brazil - 2/28 @ 5p



### PLAN @ 1121 ROCK

People Living Active Now

#### CONTACT LIST

**1121 MAIN.....972-379-9904**

**DEANNA.....214-542-1482**

**DANIEL.....972-703-2150**

**LAUREN.....972-703-2151**

**EMILY.....972-703-2152**

**TJ.....469-589-9903**

### PLAN CONNECTIONS

People Living Active Now

Interested in Peer Support or  
case Management Services?

Contact 1121 Rock at

972-379-9904

#### CASE MANAGEMENT

**DANI.....214-235-4536**

### Composition 4 Wellness

Gratitude - 2/2 @ 1:30p

Courage - 2/9 @ 1:30p

Creativity - 2/16 @ 1:30p

Inspiration - 2/23 @ 3p

